

Table 6.3 Possible Outcomes Associated With Child Psychological Maltreatment

Outcomes Observed in Infants and Children	
Interpersonal maladjustment	Insecure attachment to caregiver Low social competence/skills and adjustment Difficulties with peers
Intellectual and learning problems	Academic problems Deficits in problem solving and intelligence Poor executive decision making
Affective-cognitive-behavioral problems	Externalizing behavior (aggressive, assaultive, destructive, antisocial/delinquent) Internalizing behavior (withdrawn, somatic complaints, anxiety/depression) Less prosocial behavior Hostility, anger Noncompliant behavior Self-abusive behavior Low self-esteem, shame, guilt Post-traumatic stress symptoms Emotion dysregulation and misattribution of emotion Conduct disorder Hyperactivity, impulsivity, distractibility Pessimism and negativity Overdependence on adults for help, support, and nurturance
Outcomes Observed in Adolescents and Adults	
Affective-behavioral-cognitive problems	Juvenile delinquency and conduct problems Aggression Negative life views and self-perceptions Low self-esteem and self-efficacy Anxiety Depression Suicidal behaviors Dissociation Sexual problems Alcohol problems Maladaptive cognitive styles Disturbed brain limbic system

(Continued)